**Week 0.1: Fumigation Period**

**Name:**

**Mobile:**

| **Personal Development Workouts** |
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| 1. Calculate and set your goals, should be high but realistic. 2. Prepare an income goal for the next three years.   [*Income Calculation*](https://docs.google.com/spreadsheets/d/1T_6KpoSCoO3qUf-P6ddMLTMO2O3m973re0ZS77X40bc/edit?usp=share_link)   1. Prepare career, personal & lifestyle goals for the next three years.   [*Personal & lifestyle goals example*](https://docs.google.com/document/d/10xnsgDJhLR8aw2QxRFtBqSTSZM5_Nx-i1kBgrcvWkOo/edit?usp=share_link)   1. Design a system (habits) that works for you. Prepare a suitable timetable for work and personal lifestyle |
| *Write a short description of this task*   1. *Link to your income goals document* 2. *Link to your career, personal & lifestyle goals document* |
| *Write a short description of this task*  *Link to your timetable document* |

| **Technical Workouts** |
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| 1. Learn the fundamentals of programming by the end of this week. You can refer to the 100K Coding Challenge or any other tutorials 2. Complete all the assignments given in the below document   [*Assignments*](https://docs.google.com/document/d/1nj0lw8LAkr06r0HR-wdziYd44eImrp3Q0zN0wTMZ99w/edit?usp=share_link) |
| *Write a short description of this task* |
| *Write a short description of this task*  *Link to the folder containing the code and the screenshot of the output* |

| **Extra Assignments** |
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| 1. Complete all the assignments given in the following document   [*Extra assignments*](https://docs.google.com/document/d/1b07HB1P9tlAv0MiEfUDthpszHfiGjBRuvkcCdw3F5SM/edit?usp=share_link) |
| *Write a short description of this task*  *Link to the folder containing the code and the screenshot of the output* |